

South River
Curling Club

1B Lincoln Ave
(beside arena)

To sign-up, call or text:

Nancy Thrall C: 416-819-4047

Marvin Nolan C: 705-303-7479

Supporting curling in our community for over **70 years!** 

Looking for something to do this winter?

## Try CURLING! FRE Curling Clinic

Sat, **November 30**, 2024 1:00 – 3:00pm

## Learn the basics of how to curl

Try throwing / delivering curling rocks two ways:

1) Crouched / Sliding method 2) Standing Stick method





**Curling equipment provided for participants.** 

Please **bring clean running shoes** to change into *(no outdoor footwear on ice)*; and a **helmet** if you have one.

"Try it, you'll like it"!